



## RANCH HANDS - 2011



The Ranch Hands program is an opportunity for young men/women to earn an eight (8) day Cavalcade trek at Philmont by participating in an eight (8) day work session. You will work with the Horse Department staff taking care of Philmont's 250 head of horses and 80 head of burros. You will be hauling hay and feed, saddling horses, helping keep the horses shod, and assisting on Philmont trail rides. The work can be strenuous and requires top physical and mental conditioning. All necessary equipment will be provided by Philmont, and all participants will be covered by camper's insurance.

After your eight day work session, The Ranch Hands crew will gather together and embark on an eight day Cavalcade under the leadership of a Horseman and Wrangler. You will ride the trails through some of the most beautiful country in America. Each night you will be in a different Philmont camp where the program may be Rock Climbing, Archaeology, Mountain Man Rendezvous, or Homesteading. The final afternoon of your Cavalcade features a horseback gymkhana in the arena at Ponil Camp.

### REQUIREMENTS

- Be a registered member of the Boy Scouts of America.
- Be at least 16 years old by the date your program begins, but not yet 21 by its conclusion.
- Be physically fit, able to lift and handle materials up to 65 lbs.
- As with all Philmont Horse Programs, there is a **weight limit of 200 pounds or less.**
- Be able to work and live under the leadership of one of Philmont's Horsemen at one of the Horse Camps or at Headquarters.
- A complete physical examination is required. (A Philmont Health and Medical Record will be sent to those who are accepted.)

**NOTE:** In order to comply with New Mexico work law, no exceptions can be made to these requirements.

### PROGRAM COST

Participant cost is \$200 for the sixteen-day experience. A \$50 non-refundable deposit is required with this application. The balance of the fee is due at the time of acceptance as a participant in the program. Additional expenses, including travel to and from Philmont as well as miscellaneous purchases, are the responsibility of the participant. Those applicants not accepted as participants in the program will have their deposit returned. Participants canceling acceptance will be eligible for a refund if notification is received by May 1, 2011. No-shows are not eligible for a refund.

### LOCAL COUNCIL RESPONSIBILITY

The local council must approve only those young men/women who meet the qualifications for this program and should assist in arranging transportation and approve the final transportation arrangements.

### HOW TO APPLY

Complete the enclosed application. Have it approved by a parent or guardian, a unit leader and your Scout Executive. Attach one letter of recommendation to your application. **Mail your completed application to: Philmont Scout Ranch, BSA, Attn: Ranch Hands, 17 Deer Run Rd., Cimarron, NM 87714.** Philmont will notify you of your acceptance. If accepted, a packet of materials will be sent to assist you in preparing for your Philmont work/trek experience. Those who submit their application early will be considered for participation first.

### TRAVEL

Shuttles are available from the Albuquerque, New Mexico and Colorado Springs and Denver, Colorado Airports to Philmont. The shuttle leaves the airport at 1:00 to 3:00 pm, depending on the location, on the day **before** your scheduled start date, arriving at Philmont at 6:30 to 7:00 pm (approx). The return shuttles leave from 6:00 to 7:30 am on your departure date, arriving at the Airports at 9:45 am to 12:00 noon, depending on location. You may also consider a bus or train arrival at Raton, New Mexico (45 miles from Philmont). A roundtrip shuttle is available from Raton. If you do not arrive by shuttle from Albuquerque, plan to arrive at Philmont between 8:00 - 11:00 am on your scheduled start date. Shuttle information and registration forms will be included in your packet. **Note:** Shuttle times may change for 2011. Please check shuttle registration forms upon receiving them or call Philmont for updated information. Participants depart the morning of the seventeenth day (July 23).

2011 RANCH HANDS APPLICATION

July 7 - 23, 2011

(Please type or print clearly)

NAME (first) (middle) (last) EMAIL

HOME ADDRESS PHONE NO.

CITY, STATE, ZIP

DATE OF BIRTH\* AGE\* HEIGHT WEIGHT (\*Must be 16 by program start date, but not 21 by its conclusion) (Not to exceed 200 lbs.)

SCOUTING EXPERIENCE:

(Circle One)

Tenure Now registered in: Troop Team Venture Crew Unit #

Council Name and No.

Leadership Positions Held Rank

Previous Philmont Experience Year(s)

Other High Adventure Experience / Backpacking Experience (please be specific)

HORSE EXPERIENCE\*: Check all that apply

- Own a horse Horsemanship Merit Badge
Worked at Council Camp Horse Program Experience with other Livestock
Worked at Local Stable # of years horse-riding experience
Lived/Grew-up on farm or ranch

\*Preference will be given to those with horse experience.

RANCH HANDS CODE OF CONDUCT

The general welfare of any group depends on the conduct of each individual member. This ensures the success of the program and provides the maximum benefit to every participant. As a Ranch Hands participant, I understand this and support the reasonable demands of conduct expected of me.

AS A RANCH HANDS PARTICIPANT, I WILL:

- Live the Scout Oath and Law or Venturing Code and Oath
Observe, respect, and strive to live the Philmont Wilderness Pledge.
Observe the rules of the Ranch Department and my Supervisor.
Wear my full official BSA uniform or work clothes as required. Unofficial decorations are not part of the official uniform.
Be personally responsible for damage and loss of property.
Understand that theft, vandalism, or deliberate destruction of property, either other participants or Philmont is not permitted and will result in dismissal from the program at the expense of the participant.
Respect all safety procedures and learn to properly use equipment.
At all times, be considerate of participants and staff at Philmont Scout Ranch.
Understand that fighting with another participant or staff member is prohibited, and will be grounds for immediate dismissal from the program at the expense of the participant.
Understand the purchase, possession, or consumption of alcoholic beverages, cigarettes, tobacco, or illicit drugs at any time during the program will not be permitted and will result in dismissal from the program at the expense of the participant. This standard shall apply to all participants. Compliance with state law regulations will apply at all times.

**PHOTO (TALENT) RELEASE STATEMENT**

I hereby assign and grant to the Boy Scouts of America the right and permission to use and publish the photographs/film/video tapes/electronic representations and /or sound recordings made during my visit to Philmont Scout Ranch by the Boy Scouts of America, and I hereby release the Boy Scouts of America from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage and/or distribution of said photographs/film/video tapes/electronic representations and /or sound recordings without limitation at the discretion of the Boy Scouts of America and I specifically waive any right to any compensation I may have for any of the foregoing.

By signing below, I acknowledge I have read and promise to abide by the code of conduct for Ranch Hands, as listed on this application, have read and understand all the information about the Ranch Hands Program, and agree with the Photo (Talent) Release Statement.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

**PARENT/GUARDIAN APPROVAL:**

Our son/daughter has our complete permission to participate in a Philmont Ranch Hands experience. We understand that this work is physically demanding and involves a degree of risk to participants as might be expected from hard work, riding and/or handling horses. We also acknowledge and agree with the Photo (Talent) Release Statement

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**UNIT LEADER APPROVAL:**

I attest this applicant is a member in good standing and approve his/her participation in the Ranch Hands Program.

Unit Leader Signature \_\_\_\_\_ Date \_\_\_\_\_

<b>LOCAL COUNCIL ACTION:</b>	
Council # _____	Council Name _____ Region _____ Area _____
We certify that _____ (applicant's name) meets the age and physical requirements for the Ranch Hands Program and is a registered member of the Boy Scouts of America.	
Signature of Scout Executive or Representative _____	Date _____

**FEE SCHEDULE:**

The total cost is \$200. A \$50 deposit fee must accompany this application. The remaining balance of \$150 will be due upon receipt of confirmation.

**NOTE: Deposit fee, all required signatures of approval and one letter of recommendation must accompany application.**

Please make check payable to Philmont Scout Ranch and mail to: **PHILMONT SCOUT RANCH  
ATTN: RANCH HANDS  
17 DEER RUN RD.  
CIMARRON NM 87714**

Philmont Contact Information: Phone: 575.376.2281

Email: [camping@philmontscoutranch.org](mailto:camping@philmontscoutranch.org) Web Address: [www.scouting.org/philmont](http://www.scouting.org/philmont)

**FOR PHILMONT USE ONLY:**

Recommendation Letter _____	Applicant Notified _____
Approved _____	Packet Mailed _____
Individual Exp. # _____	

**RISK ADVISORY - PHILMONT SCOUT RANCH**

Philmont has an excellent health and safety record with over 910,000 adults and young people having attended since 1938. Philmont strives to minimize risks to participants and advisors by emphasizing proper safety precautions. Most participants in Philmont programs do not experience injuries because they are prepared, are conscious of risks, and take safety precautions. If you decide to attend Philmont, you should be physically fit, have proper clothing and equipment, be willing to follow instructions and work as a team with your crew and take responsibility for your own health and safety. For further information please thoroughly read the *Guidebook to Adventure*. Like other wilderness areas, Philmont is not risk free and you should be prepared to listen to safety instructions carefully, follow directions and take appropriate steps to safeguard yourself and others.

Parents, guardians and potential participants in Philmont programs are advised that journeying to and from Philmont, and one's stay at Philmont, can involve exposure to accident, illness, and/or injury associated with a high elevation, physically demanding, high adventure program in a remote mountainous area. Campers may be exposed to occasional severe weather conditions such as lightning, hail, flash floods and heat. Other potential problems include: injuries from tripping and falling, motor vehicle accidents, worsening of underlying medical conditions such as diabetes or asthma, heart attacks, heat exhaustion and falls from horses.

Philmont's trails are steep and rocky. Wild animals such as bears, rattlesnakes and mountain lions are native and usually present little danger if proper precautions are taken. Please refer to the *Guidebook to Adventure*, speak with previous Philmont participants, or call Philmont for further information concerning risks and measures which can be taken to avoid accidents. Philmont has staff trained in first aid, CPR and accident prevention, and is prepared to assist in recognizing, reacting, and responding to accidents, injuries and illnesses. Each crew is also required to have at least one member trained in wilderness first aid and CPR. Medical and search and rescue services are provided by Philmont in response to an accident or emergency. However, response times can be affected by location, weather or other emergencies and could be delayed six (6) or more hours.

Philmont trail food is, by necessity, a high carbohydrate, high caloric diet. The trail food is high in wheat, milk products, sugar and corn syrup, and artificial coloring/flavoring. Most dinner meals contain meat. If participant has a problem with the diet described above, contact Philmont for a copy of the trail menu and ingredients and plan to send supplemental food. Philmont will deliver supplemental food to the appropriate pickup places.

**PHILMONT WEIGHT LIMITS FOR BACKPACKING AND HIKING**

Each participant in a Philmont trek must not exceed the maximum acceptable limit in the weight for height chart shown below. The right hand column shows the maximum acceptable weight for a person's height in order to participate in a Philmont trek. Those who fall within the limits are more likely to have an enjoyable trek and avoid incurring health risks. These guidelines are used because overweight individuals are at a greater risk for heart disease, high blood pressure, stroke, altitude illness, sleep problems and injury.

**Participants 21 years and older who exceed the maximum acceptable weight limit for their height at the Philmont medical recheck WILL NOT be permitted to backpack or hike at Philmont.** For example, a person 70 inches tall cannot weigh more than 226 lbs. All heights and weights will be measured in stocking feet.

*For participants under 21 years of age who exceed the maximum acceptable weight for height, the Philmont physicians will use their best professional judgment in determining participation in a Philmont trek. Participants under 21 years of age are strongly encouraged to meet the weight limit for their height. Exceptions are not made automatically and discussion in advance with Philmont is required regarding any exception to the weight limit for persons under 21 years of age, whether it is over or under.* Philmont will consider up to 20 lbs. over the maximum acceptable as stated on the chart, however, the exception will never exceed 295 lbs. Philmont's phone number is 575-376-2281.

The maximum weight for any participant in a Cavalcade Trek and for horse rides is 200 lbs. **Under no circumstances will any individual weighing more than 295 pounds be permitted to participate in backcountry programs.** This requirement is necessary because of limitations of rescue equipment and for safety of search and rescue personnel.

**Individuals who do not meet Philmont's weight for height requirements will not be allowed on the trail and will be sent home.**

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptable
60	97 - 138	139-166	166
61	101-143	144-172	172
62	104-148	149-178	178
63	107-152	153-183	183
64	111-157	158-189	189
65	114-162	163-195	195
66	118-167	168-201	201
67	121-172	173-207	207
68	125-178	179-214	214
69	129-185	186-220	220

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptable
70	132-188	189-226	226
71	136-194	195-233	233
72	140-199	200-239	239
73	144-205	206-246	246
74	148-210	211-252	252
75	152-216	217-260	260
76	156-222	223-267	267
77	160-228	229-274	274
78	164-234	235-281	281
79 & over	170-240	241-295	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Dept. of Agriculture and the Dept. of Health & Human Services.

A water-displacement test to determine percent body fat will also be accepted in lieu of the height-weight guidelines. Women will need to have a body fat of 20% or less and men will need to have a body fat of 15% or less to be qualified to participate. No other form of test to determine percent body fat (DEXA scan, skin fold, etc.) will be accepted by Philmont.