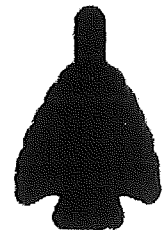


2011
NATIONAL ORDER OF THE ARROW
TRAIL CREW
Philmont Scout Ranch – Cimarron, New Mexico
<http://adventure.oa-bsa.org>



"The Order of the Arrow is a thing of the out of doors rather than the indoors. It was born in an island wilderness. It needs the sun and rain, the woods and the plains, the waters and the starlit sky."

- E. Urner Goodman

THE BACKCOUNTRY EXPERIENCE OF A LIFETIME

The Order of the Arrow is offering you an opportunity to join other Arrowmen in cheerful service and the formation of lasting brotherhood on the trails of Philmont Scout Ranch. Under the direction of the Philmont Conservation Department, experienced Philmont staff members with strong Order of the Arrow backgrounds will lead participants on the two week trail crew and trek.

The program is a fourteen-day experience. The first week focuses on trail construction and maintenance under the guidance of Philmont trail crew foremen. The second week is a seven-day backpacking trek that is designed by the participants. The program is not simply building trail and hiking through, the OA Trail Crew is ultimately a journey that challenges Scouts mentally, physically, and spiritually.

Trail building is tough. The worksite experience is full of long, strenuous days requiring a great deal of physical effort. Participants are expected to work with great diligence as the trail that is being built is designed to last over 75 years and protect the beautiful landscape of Philmont Scout Ranch. Other than trail building techniques, Scouts will strengthen their leadership skills, learn advanced wilderness and low-impact camping skills, observe and participate in group wilderness safety, good judgment, and motivation activities, and receive special OA instruction. The project's mission is to maintain, reinforce, and enhance the purpose of the Order of the Arrow by using Scout camping traditions. Participants are expected to use their experience to benefit their troop, chapter, lodge and council programs. Camping is a method of Scouting that enhances and builds stronger programs and people.

REQUIREMENTS

- Be at least 16 years old the day your program begins, but not 21 by its conclusion.
- **Be physically fit**, able to lift and handle materials up to 50 lbs. (Philmont height and weight guidelines listed in this application will be strictly enforced.)
- Be a registered member of both the BSA and a local OA lodge.
- A complete physical examination is required. (Philmont's Health and Medical Record will be sent to those

who are accepted.)

No exceptions can be made to these requirements. Selection for this program is competitive and is both an honor and a privilege.

HOW TO APPLY

Complete the enclosed application, have it approved by both your Scout executive and lodge adviser, and receive parental permission if you are under age 18. Mail your completed application and \$50.00 deposit to the Order of the Arrow, Boy Scouts of America, P O Box 152079, Irving, Texas, 75015-2079. The Order will begin notifying applicants of acceptance by March 15, 2011. Following receipt, a packet of materials will be sent to you in preparing you for your experience at Philmont. Applications will continue to be accepted after March 15 until all slots are filled.

LODGE AND COUNCIL RESPONSIBILITIES

Lodges and councils should only approve those youth Arrowmen who meet all of the qualifications for this program. Philmont is not an easy experience and is a risk for those not physically prepared for the rigors of the New Mexico mountains.

PROGRAM COSTS AND TRAVEL INFORMATION FOR PARTICIPANTS

Participant cost is \$200 for the two-week experience. A \$50 non-refundable deposit is required with this application. The balance of the fee is due at the time of acceptance as a participant in the program. Additional expenses, including travel to and from Philmont as well as miscellaneous purchases, are the responsibility of the participant. Those applicants not accepted as participants in the program will have their deposit returned. Participants canceling acceptance will be eligible for a refund if notification is received in the National BSA Office by May 15, 2011. No-shows are not eligible for a refund. Be sure to visit <http://adventure.oa-bsa.org> for information to help you plan your trek.

Shuttles are available from the Albuquerque, New Mexico and Colorado Springs and Denver, Colorado Airports to Philmont. The shuttle leaves the airport at 1:00 to 3:00 pm, depending on the location, on the day **before** your scheduled start date, arriving at Philmont at 6:30 to 7:00 pm (approx). The return shuttles leave from 6:00 to 7:30 am on your departure date, arriving at the Airports

at 9:45 am to 12:00 noon, depending on location. You may also consider a bus or train arrival at Raton, New Mexico (45 miles from Philmont). A roundtrip shuttle is available from Raton. If you do not arrive by shuttle from Albuquerque, plan to arrive at Philmont between 8:00 - 11:00 am on your scheduled start date. Shuttle information and registration forms will be included in your packet. **Note:** Shuttle times may change for 2011. Please check shuttle registration forms upon receiving them or call Philmont for updated information. Participants are strongly encouraged to recruit a travel companion from their home council to ease the travel process. The Order of the Arrow Trail Crew is a fourteen (14) day program. Participants depart the morning of the fifteenth (15th) day (June 22, 29, July 6, 13, 20, 27 are departure dates)

2011 OA TRAIL CREW SESSION DATES

#1: June 8 – 22 #2: June 15 - 29 #3: June 22 - July 6 #4: June 29 - July 13 #5: July 6 – 20
#6: July 13 – 27 #7: July 20 – Aug 3 #8: July 27 – Aug 10 #9: Aug 3 - 17

2011 NATIONAL OA TRAIL CREW CODE OF CONDUCT

The general welfare of any group depends on the conduct of each individual member. This ensures the success of our national service project and provides the maximum benefit to every participant. As an Arrowman, I understand this and support the reasonable demands of conduct expected of me.

As a member of the Order of the Arrow, I will:

- Live the Scout Oath and Law and Order of the Arrow Obligation.
- Observe, respect, and strive to live the Boy Scout Outdoor Code and Philmont Wilderness Pledge.
- Observe the rules of the Philmont Conservation Department and my Foremen.
- Wear my full official BSA uniform or work clothes as required. Unofficial decorations are not part of my official uniform
- Attend and participate in all functions of the program.
- Be personally responsible for damage or loss of property.
- Respect all safety procedures and learn to properly use equipment.
- Observe quiet hours.
- Keep my tent clean and dispose of trash in proper place.
- At all times, be considerate of participants and staff at Philmont Scout Ranch.
- Understand the purchase, possession, or consumption of alcoholic beverages, cigarettes or illicit drugs at any time during the program will not be permitted and will result in dismissal from the program at the expense of the participant. This standard shall apply to all participants. Compliance with state law regulations will apply at all times.
- Respect the laws of the State of New Mexico, the Village of Cimarron, and Philmont rules prohibiting the use of fireworks, firearms and gambling. Infraction of these regulations will be grounds for immediate dismissal from the program at the expense of the participant.

ADDITIONAL INFORMATION

For information about the Order of the Arrow Trail Crew Program contact the Order of the Arrow at 972-580-2438 or email ctoler@netbsa.org.

For information specific to Philmont Scout Ranch including shuttle arrangements, physical requirements (health and medical form questions), equipment needs, service worksite and hiking questions contact Philmont Scout Ranch at 575-376-2281, or email camping@philmontscout ranch.org.

During the Order of the Arrow Trail Crew Program (June 1, 2011 to August 20, 2011) contact Philmont Scout Ranch at 575-376-2281 seven days a week and ask for the Order of the Arrow Trail Crew/Conservation Department or Camping Registration. During this time Philmont Logistics will also be able to assist with transportation concerns or problems.

PHOTO (TALENT) RELEASE STATEMENT

I hereby assign and grant to the Boy Scouts of America the right and permission to use and publish the photographs/film/video tapes/electronic representations and/or sound recordings made during my visit to Philmont Scout Ranch by the Boy Scouts of America, and I hereby release the Boy Scouts of America from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage and/or distribution of said photographs/film/video tapes/electronic representations and/or sound recordings without limitation at the discretion of the Boy Scouts of America and I specifically waive any right to any compensation I may have for any of the foregoing.

By signing below, I acknowledge I have read and promise to abide by the code of conduct for the OA Trail Crew, have read and understand all the information about the Order of the Arrow Trail Crew Program, and agree with the Photo (Talent) Release Statement.

Participant Signature _____ Date _____

2011 OA TRAIL CREW APPLICATION
(Please type or print neatly.)

NAME _____

STREET ADDRESS _____ PHONE _____

CITY _____ STATE _____ ZIP _____

EMAIL ADDRESS _____

DATE OF BIRTH _____ AGE _____ HEIGHT _____ WEIGHT _____
(Must be 16 by program start date, but not 21 by its conclusion.)

SCOUTING EXPERIENCE:
Years Involved _____ Currently registered in Troop, Team # _____ OA Honor: O ___ B ___ V ___
(circle one)

ORDER OF THE ARROW EXPERIENCE:
Leadership Position Held _____

Years at Summer Camp _____ Years on Summer Camp Staff _____

Previous Philmont experience (include years) _____

Other High Adventure Experience _____

I PREFER THE FOLLOWING DATES:

1st Choice _____ 2nd Choice _____ 3rd Choice _____
 \$50.00 deposit enclosed \$200.00 full fee enclosed
(Make check payable to Boy Scouts of America)

PARENTAL APPROVAL

Our son has our complete permission to participate in a Philmont work project during the period indicated above. We understand that these projects are physically demanding and involve a high degree of personal risk to participants. It is understood that this is a voluntary activity and it is a privilege to be selected as a participant. We also acknowledge and agree with the Photo (Talent) Release Statement.

Signature _____ Date _____

LOCAL COUNCIL APPROVAL

Council Name _____ Number _____

Lodge Name _____ Section _____

We certify that this person meets the age and physical requirements for the program and is a registered member of the Boy Scouts of America and a member of an Order of the Arrow Lodge. In addition, we certify that this is an individual we are pleased to have represent our council and lodge.

Signed by Lodge Adviser

Signed by Scout Executive

RETURN TO: Order of the Arrow
Boy Scouts of America
P O Box 152079
Irving, TX 75015-2079

Order of the Arrow Action: Approved _____ Notified _____ Packet Mailed _____ Exp #: OATC: _____
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Account 79050-8260



**2011 National OA Trail Crew
Philmont Scout Ranch, Cimarron, New Mexico
REFERENCE FORM**

Please take a moment to provide us with the contact information of fellow members of your lodge who you feel would also enjoy the opportunity of summer adventure. This information will remain confidential, and will be used for the purpose of providing the person(s) listed with information about the Order of the Arrow Trail Crew program.

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ E-mail: _____



Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ E-mail: _____



Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ E-mail: _____



Thank you!

"The lasting impression I had from my Trail Crew Experience was the knowledge that I was able to make such a huge impact on future generations of Scouts to come."

Dan O'Rourke – 2005 Northeast
Region Chief, OA Trail Crew Participant

"Sunrises on the Tooth of Time, sunsets on the top of Mount Baldy, and everything in between is just the beginning of the action-packed two-weeks that an OA Trail Crew has in the Philmont Backcountry."

Chris Roach – OA Trail Crew Foreman

Order of the Arrow
Scouting's "National Honor Society"

PURPOSE OF THE ORDER OF THE ARROW

To recognize those campers – Scouts and Scouters – who best exemplify the Scout Oath and Law in their daily lives and by such recognition, cause other campers to conduct themselves in such manner as to warrant recognition.

To develop and maintain camping traditions and spirit.

To promote Scout camping which reaches its greatest effectiveness as a part of the unit's camping program, both year-round and in the summer camp, as directed by the camping committee of the council.

To crystallize the Scout habit of helpfulness into a life purpose of leadership in cheerful service to others.

OUR VISION FOR THE ORDER OF THE ARROW

To be recognized as Scouting's National Honor Society and an integral part of every council. Our service, activities, adventures, and training for youth and adults, are model of quality leadership development and programming that enrich, support, and help extend Scouting to America's youth.

OUR STRATEGY: INCREASED SERVICE

In support of our vision to be recognized as Scouting's National Honor Society and an integral part of every council, the Order of the Arrow (OA) intends to dramatically increase the level of service we provide to councils and to the national organization. We intend to do more, much more, to help the Boy Scouts of America fulfill its mission to serve our nation's youth.

In the years ahead we will expand our reach beyond camping to include greater focus on leadership development, membership extension, adventurous programming, and broader service to Scouting and the community.

www.oa-bsa.org



RISK ADVISORY - PHILMONT SCOUT RANCH

Philmont has an excellent health and safety record with over 910,000 adults and young people having attended since 1938. Philmont strives to minimize risks to participants and advisors by emphasizing proper safety precautions. Most participants in Philmont programs do not experience injuries because they are prepared, are conscious of risks, and take safety precautions. If you decide to attend Philmont, you should be physically fit, have proper clothing and equipment, be willing to follow instructions and work as a team with your crew and take responsibility for your own health and safety. For further information please thoroughly read the *Guidebook to Adventure*. Like other wilderness areas, Philmont is not risk free and you should be prepared to listen to safety instructions carefully, follow directions and take appropriate steps to safeguard yourself and others.

Parents, guardians and potential participants in Philmont programs are advised that journeying to and from Philmont, and one's stay at Philmont, can involve exposure to accident, illness, and/or injury associated with a high elevation, physically demanding, high adventure program in a remote mountainous area. Campers may be exposed to occasional severe weather conditions such as lightning, hail, flash floods and heat. Other potential problems include: injuries from tripping and falling, motor vehicle accidents, worsening of underlying medical conditions such as diabetes or asthma, heart attacks, heat exhaustion and falls from horses.

Philmont's trails are steep and rocky. Wild animals such as bears, rattlesnakes and mountain lions are native and usually present little danger if proper precautions are taken. Please refer to the *Guidebook to Adventure*, speak with previous Philmont participants, or call Philmont for further information concerning risks and measures which can be taken to avoid accidents. Philmont has staff trained in first aid, CPR and accident prevention, and is prepared to assist in recognizing, reacting, and responding to accidents, injuries and illnesses. Each crew is also required to have at least one member trained in wilderness first aid and CPR. Medical and search and rescue services are provided by Philmont in response to an accident or emergency. However, response times can be affected by location, weather or other emergencies and could be delayed six (6) or more hours.

Philmont trail food is, by necessity, a high carbohydrate, high caloric diet. The trail food is high in wheat, milk products, sugar and corn syrup, and artificial coloring/flavoring. Most dinner meals contain meat. If participant has a problem with the diet described above, contact Philmont for a copy of the trail menu and ingredients and plan to send supplemental food. Philmont will deliver supplemental food to the appropriate pickup places.

PHILMONT WEIGHT LIMITS FOR BACKPACKING AND HIKING

Each participant in a Philmont trek must not exceed the maximum acceptable limit in the weight for height chart shown below. The right hand column shows the maximum acceptable weight for a person's height in order to participate in a Philmont trek. Those who fall within the limits are more likely to have an enjoyable trek and avoid incurring health risks. These guidelines are used because overweight individuals are at a greater risk for heart disease, high blood pressure, stroke, altitude illness, sleep problems and injury.

Participants 21 years and older who exceed the maximum acceptable weight limit for their height at the Philmont medical recheck WILL NOT be permitted to backpack or hike at Philmont. For example, a person 70 inches tall cannot weigh more than 226 lbs. All heights and weights will be measured in stocking feet.

For participants under 21 years of age who exceed the maximum acceptable weight for height, the Philmont physicians will use their best professional judgment in determining participation in a Philmont trek. Participants under 21 years of age are strongly encouraged to meet the weight limit for their height. Exceptions are not made automatically and discussion in advance with Philmont is required regarding any exception to the weight limit for persons under 21 years of age, whether it is over or under. Philmont will consider up to 20 lbs. over the maximum acceptable as stated on the chart, however, the exception will never exceed 295 lbs. Philmont's phone number is 575-376-2281.

The maximum weight for any participant in a Cavalcade Trek and for horse rides is 200 lbs. **Under no circumstances will any individual weighing more than 295 pounds be permitted to participate in backcountry programs.** This requirement is necessary because of limitations of rescue equipment and for safety of search and rescue personnel.

Individuals who do not meet Philmont's weight for height requirements will not be allowed on the trail and will be sent home.

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptable	Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptable
60	97 - 138	139-166	166	70	132-188	189-226	226
61	101-143	144-172	172	71	136-194	195-233	233
62	104-148	149-178	178	72	140-199	200-239	239
63	107-152	153-183	183	73	144-205	206-246	246
64	111-157	158-189	189	74	148-210	211-252	252
65	114-162	163-195	195	75	152-216	217-260	260
66	118-167	168-201	201	76	156-222	223-267	267
67	121-172	173-207	207	77	160-228	229-274	274
68	125-178	179-214	214	78	164-234	235-281	281
69	129-185	186-220	220	79 & over	170-240	241-295	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Dept. of Agriculture and the Dept. of Health & Human Services.

A water-displacement test to determine percent body fat will also be accepted in lieu of the height-weight guidelines. Women will need to have a body fat of 20% or less and men will need to have a body fat of 15% or less to be qualified to participate. No other form of test to determine percent body fat (DEXA scan, skin fold, etc.) will accepted by Philmont.