

## *Morning Omelets (or other tasty wake-up treats)*

### **Required:**

Aluminum Foil

Morning Fire ( If you can't get a morning fire, get creative! I know you can.)

### **Ingredients:**

Egg Beaters (Basically eggs in a carton)

Onions

Peppers

Precooked Ham

Mushrooms

Pepperoni

Grated Cheese

Anything that you would like in an omelet

**Note:** If you are not careful, this could get messy! Also, if you are not an egg person, try this. Substitute canned potatoes for the eggs and have a little hashbrown mix up!)

### **Instructions:**

Fold the aluminum foil so it is kind of like a big bowl. Pour the desired amount of egg beaters into the "bowl". Add in any of the preferred mix-ins. Close the bowl by folding over the top. Place at the edge of the fire or coals. Let it sit for a while. Check it. It is done when the egg hardens and looks scrambled. Enjoy!

**Note:** Do not overfill the bowl. Purposefully make the bowl extra large so you have plenty of left over foil to fold it over. You don't want your breakfast going everywhere but your stomach!

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